



CE/CME Information Packet

EMDR BASIC TRAINING: PART 3 ADVANCED CLINICAL WORKSHOP & REFRESHER COURSE May 15-19, 2017

General Instructions/Requirements for CE/CME Participants:

- Please review the contents of this packet before the course begins. It contains important information regarding your continuing education credit.
- You must attend the course in full in order to receive CE credit. No partial credit will be awarded.
- Please sign in and out each day. If you do not sign both in and out, you will not be eligible to receive credit.

How to Get Your Completion Certificate:

IAHB has created a user-friendly, time-efficient online process for evaluating the course and receiving your certificate of completion. Here's how to do it. If you have problems or questions, contact our technical support team at (800) 258-8411.

1. Please allow two weeks from the conclusion of the workshop for your evaluation and certificate to be available online. After two weeks, visit www.postactivity.com to access your evaluation.
2. Locate your customer account by following the directions on the screen. You'll be asked to identify yourself using the phone number or email address you supplied when you registered.
3. Complete the workshop evaluation.
4. After the evaluation is submitted, your Certificate of Completion will appear for printing.
5. You may return at any time to reprint your certificate if needed.

Workshop Objectives:

Upon conclusion of this course, through lecture, demonstration and hands-on practice in small, and supervised groups, participants will be better able to:

- Describe and demonstrate the Standard EMDR protocol and procedure
- Describe and demonstrate the modified EMDR protocol and know when to use it
- Demonstrate at least three techniques for target development
- Demonstrate at least four techniques for resource development and installation
- Demonstrate at least three interweaves for unblocking blocked processing
- Discuss strategies for employing EMDR with complex cases
- Demonstrate use of EMDR with recent traumas
- Discuss and demonstrate use EMDR of with Grief and Loss
- Discuss and demonstrate use of EMDR with medical procedure traumas and somatic disorders
- Discuss how EMDR is a Transpersonal Psychotherapy
- Integrate EMDR into a clinical practice

This Course has been approved by the EMDR International Association (EMDRIA) through the Parnell Institute.

In accordance with EMDRIA standards, participants wishing to complete the requirements for EMDR Basic Training must, before enrolling in this course, have completed Parnell Institute's EMDR Basic Training Parts 1 & 2, and have received 10 hours of consultation from the recommended Approved Consultants on the Parnell Institute faculty. You will be required to submit documentation of having completed those requirements before attending. Participants who have completed their EMDR Basic Training through another EMDRIA Provider are welcome to enroll in this course for advanced training as a refresher.

This course is limited to Mental Health Providers who are licensed to provide treatment. To register for this training, you must provide evidence of an active license, certification or the equivalent to practice as a mental health professional per the guidelines of your state, province or country. Target audience level is intermediate – advanced. **Interns are not eligible to participate.**

REQUIRED READING: Parnell, L. (2007). *A Therapist's Guide to EMDR: Tools and Techniques for Successful Treatment*. New York, NY: W.W. Norton & Company, Inc.
Parnell, L. (2008). *Tapping In: A Step-by-Step Guide to Activating your Healing Resources Through Bilateral Stimulation*. Boulder, Colorado: Sounds True, Inc.

RECOMMENDED READING: Parnell, L. (2013). *Attachment – Focused EMDR: Healing Relational Trauma*. New York, NY: W.W. Norton & Company, Inc.

SUPPORTING REFERENCES:

Parnell, L. (2013). *Attachment-Focused EMDR: Healing Relational Trauma*. New York, NY: W.W. Norton & Company, Inc.
Parnell, L. (2015). *Attachment Focused EMDR for Early Child Sexual Abuse by a Stranger*. DVD demonstration recorded at EMDR Comprehensive Training: Part 3, The New York Open Center, New York, NY.
Van Der Kolk, B. (2013). *The Body Keeps The Score: Brain, Mind and Body in The Healing of Trauma*. New York, NY: Viking.

CE/CME Accreditation Information

The Institute for the Advancement of Human Behavior (IAHB) is pleased to offer 26.5 continuing education credit hours to counselors, nurses, psychologists, social workers, nurses, physicians, and certain other healthcare professionals for this live, in person course in joint sponsorship with the Parnell Institute. IAHB has been approved as a provider of continuing education and continuing medical education by the organizations listed below. IAHB as the approved sponsor maintains responsibility for the educational activity offered and for following the standards and regulations for the organizations listed below (except where otherwise noted).

COUNSELORS: Institute for the Advancement of Human Behavior, Inc. (IAHB) is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0063. Counselors may earn 26.5 contact hours. IAHB is approved by the State of Illinois Department of Professional Regulation (License #168-000119). This course meets the qualifications for MFTs as required by the California Board of Behavioral Sciences (Provider # PCE 36). IAHB has been approved by the Texas Board of Examiners of Marriage and Family Therapists to provide CE offerings for MFTs. Provider Number 154.

NURSES: The Institute for Advancement of Human Behavior accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Provider approved by the CA Board of Registered Nursing (BRN Provider CEP#2672) for 26.5 CEH's.

PHYSICIANS: This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Institute for the Advancement of Human Behavior (IAHB) and the Parnell Institute. IAHB is accredited by the ACCME to provide continuing medical education for physicians. IAHB designates this live activity for a maximum of 26.5 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

PSYCHOLOGISTS: IAHB is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. IAHB maintains responsibility for this program and its content.

SOCIAL WORKERS: IAHB SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0091. This course is approved for 26.50 contact hours. This course meets the qualifications for up to 26.5 hours of CE credit for LCSWs as required by the California Board of Behavioral Sciences (Provider #PCE 36). IAHB has been approved by the State of Texas Board of Social Work Examiners, MC 1982, PO BOX 149347, Austin, TX 78714 (512)719-3521, to provide continuing education activities for social workers. License No. 3876. Institute for the Advancement of Human Behavior, #1426, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. Institute for the Advancement of Human Behavior maintains responsibility for the program. ASWB Approval Period: 3/16/2017 – 3/16/2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 26.5 clinical continuing education clock hours.

Note: Many state boards accept offerings accredited by national or other state organizations. If your state is not listed, please check with your professional licensing board to determine whether the accreditations listed are accepted. No partial credit will be awarded. You must attend each day in full in order to receive CE/CME credit for this course.

Please Note: This advanced workshop includes descriptions, videotapes, audiotapes, and/or reenactments of actual therapy sessions. Some of the case material may contain graphic descriptions of violence, sexual activity, or other content which could be disturbing, especially to participant who themselves have had similar experiences. The workshop is intended for healthy professionals and advanced students, who participate in at their own risk. If you find portions of the program upsetting, or if you need assistance for any other reason, please notify the instructor or program coordinator.

Disclosure of relevant financial relationships:

The Institute for the Advancement of Human Behavior, Inc. is responsible for the content, quality and scientific integrity of all CE/CME activities certified for credit. When an educational activity is offered for medical (CME), Nursing (ANCC) and/or Psychology (APA) continuing education credit, participants must be informed as to the source, amount, nature, and disposition of any funding used to support the activity, whether in the form of educational grants, cash contributions, or in-kind contributions.

Individuals in a position to influence course content must also disclose whether they have one or more relevant financial relationships with individuals and companies who have a financial interest in activity content. All those in a position to control the content of an education activity are asked to disclose any relevant financial relationships they have with any commercial interest.

Laurel Parnell has no relevant financial relationships to disclose.